

Exotic Lhasa



With an average altitude in excess of 3500m, Tibet can truly be described as the Roof of the World. Lying to the north of the great Himalayan range which separates it from its neighbours India, Nepal and Bhutan, much of the country is high-altitude desert. With its spectacular mountain scenery and rich Buddhist culture, Tibet is a remarkable place to visit.

Inspiring landscapes and mountain views combined with its rich Buddhist history and culture, make visiting Tibet a truly unforgettable experience.

Day 1/ Singapore - Chengdu

Fly to Chengdu. Our guide will meet us on arrival before taking us on a city tour. Sights **Wuhou Temple** and the **Culture Village**. Overnight in Chengdu. (D)

Day 2 / Chengdu - Lhasa

Fly to Lhasa in the morning. Our guide will meet us at Konggar Airport and transfer us to Lhasa. On the 2-hour drive to Lhasa, we see the Nie Tang Buddha - a Buddha image engraved in the mountain face. Check into hotel to rest and to acclimatize. Overnight in Lhasa. (B,L,D)

Day 3/ Lhasa

We have a whole day of sightseeing in the holy city: in the morning, visit Lhasa's landmark - **Potala Palace** - a structure that deserves a place as one of the wonders of eastern architecture. In the afternoon, visit **Jokhang Temple** - the most revered religious structure in Tibet, and **Barkhor**, Lhasa's pilgrimage circuit. This area is both the spiritual heart of Lhasa and the

main commercial district for Tibetans. Overnight in Lhasa. (B,L,D)

Day 4 / Lhasa - Yangpachen

Take an excursion to Yangpachen to see the famous **Yangpachen Geothermal Zone**. Enjoy the amazing landscapes of the grasslands of northern Tibet with snow-capped peaks of the Mt. Nyainqentanglha range (average height is 5300m) beyond. We have the option to take a hot spring bath at Yangpachen. Drive back to Lhasa. In the afternoon we visit **Sera Monastery**. **Sera** is one of the three largest monasteries of the Gelugpa Sect, and sits at the foothills of Tatipu. Overnight in Lhasa. (B,L,D)



Day 5 / Lhasa - Gyantse - Shigatse

The drive to Gyantse allows amazing views of the turquoise blue **Yamdrok Yumtso Lake**. At Gyantse we visit the **Palkhor Monastery** and the **Gyantse Kumbum stupa**. Overnight in Shigatse. (B,L,D)

Day 6 / Shigatse - Lhasa

After breakfast we visit the famous **Tashilhunpo Monastery**, Tashilhunpo is associated with the Gelugpa order and is one of the six great Gelugpa institutions along with Drepung, Sera and Ganden in Lhasa, and Kumbum and Labrang in Amdo. It is probably the largest functioning monastic institution in contemporary Tibet and an impressive place to explore. On the way back to Lhasa, we will pay a home visit with a **Tibetan family**. Overnight in Lhasa. (B,L,D)

Day 7 / Lhasa - Chengdu

Our guide will transfer us to the airport, and help us with boarding procedures. We leave Tibet with unforgettable memories. (B)

Tour Cost Includes

- Return airfare from Singapore to Chengdu
- Return airfare to from Chengdu to Lhasa
- Guided sightseeing with all entry fees
- Travel permit, Tibet visa &
- Airport transfers

Tour Cost Excludes

- Airport Taxes/Fuel Charge/War Insurance
- Travel Insurance
- Tips & gratuities
- China Visa (Not necessary for Singaporean Passport Holders visiting China for less than 15 days)
- Emergency evacuation or alternative transfers in case of road blocks, etc.

Tour Code: eLXAEX07

TOUR COST PER PERSON

Min. 2 persons: S\$1668

Single Room Supplement

S\$180

TOUR DEPARTS
EVERY FRIDAY

(Valid by end of Jun , 2007)

Prices are subject to change
without prior notice, and
exclude all taxes & Visa fees
where applicable